01:070:217 PSYCHOLOGY & CULTURE
Meeting times- Monday10:20 AM - 11:40 AM
Thursday10:20 AM - 11:40 AM
Location- BIO 205

Instructor- Dr. Dana Conzo (She/Her)
Email: d.conzo@rutgers.edu
Office- BIO 206
Office Hours- By Appointment (virtual meetings available)

TA-Becca DeCamp (They/Them)
Contact- Message via Canvas inbox
Office- BIO 309
Office Hours- By Appointment (virtual meetings available)

Course Description

Explore the intricate interplay between psychology and culture in this captivating 200-level anthropology course. Delve into the multifaceted ways in which human behavior, cognition, and emotion are influenced, shaped, and even transformed by cultural contexts. Through a blend of theoretical insights, case studies, and interactive discussions, students will gain a comprehensive understanding of the dynamic relationship between individual psychological processes and the sociocultural environments they navigate.

Assessment and Learning Outcomes:

Through a combination of readings, discussions, presentations, and research projects, you will develop a nuanced understanding of the ways in which culture shapes psychological experiences and behaviors. By the end of the course, you will be able to:
1. Critically analyze the complex interactions between culture and psychology.
2. Identify and explain key theoretical frameworks related to psychology and culture.
3. Apply anthropological research methods to explore psychological phenomena within cultural contexts.
4. Evaluate the ethical considerations inherent in cross-cultural psychological research.
5. Demonstrate effective intercultural communication skills in various contexts.
6. Recognize the implications of cultural diversity for mental health and well-being.

Embark on a journey of discovery as you uncover the intricate connections between psychology and culture. Gain insights that will expand your understanding of human behavior and help you navigate our increasingly diverse and interconnected world.

Required Texts: This class does not require the purchase of a textbook. Readings will be available on the Canvas course site.

Your final grade will be divided among the following requirements:

1. Homework, class participation, and attendance (50%): Students are required to keep up with readings, to come to classes prepared for discussion and in-class exercises, and weekly responses and reverse quizzes. For the weekly response papers, you are required to write 1-2 paragraphs

reflecting on readings, memories, emotional reactions, and other experiences during the semester.

In the same document will be your reverse quizzes, 1-2 exam questions based on the readings. We only have a midterm exam in this class, but this is a good way to help you think about what material is important throughout the semester. These are both due by FRIDAY AT NOON.

There will also be some in-class activities and response papers will be graded. Grades for these activities will be combined with a score for verbal participation and reading responses.

I know that not everyone is comfortable speaking in class, but I need to know you are engaging with the material. Hopefully a general definition of "participation" will allow us all to be part of the conversation.

2. An in-class midterm exam (20%) Exam may include identifications, fill-in, and short essay questions. We will create a study guide together a week prior to the exam.

3. A research paper (30%) due on December 15th. Further instructions will be distributed in class early in the semester.

Office hours will be announced during class. Please feel free to drop in or make an appointment and let me know if you would like any assistance with course material. I am here to help!

COURSE POLICIES

1. ***Arrive on time.*** When we're all in the classroom on time, we all stay on the same page and the flow of class discussion is vastly improved. Coming late disrupts other students, breaks the flow of discussion, and disturbs me. For that reason, I will lower your participation grade if you are habitually late.

2. ***Treat one another respectfully.*** In this class, we will often deal with controversial issues and have spirited debates and discussions. **It is okay—and even encouraged—for you to disagree with each other and with me, as long as it is done respectfully**.

3. ***Attendance:*** Attendance in this course is required and will be recorded daily. While attendance is crucial to this class, extenuating circumstances may require you to miss a class meeting.

4. Participation: Don't be afraid to talk, especially if your ideas seem incomplete (you might cause an avalanche of productive thought). This class will thrive on a call and response style of teaching. You are an essential part of it! Also, Participation is part of your grade =)

Communication: Students are responsible for timely attention to email and Canvas postings for this course and therefore should check the Canvas site and their Rutgers email accounts

regularly. Dates and assignments may change; all changes will be announced in class or posted on Canvas or both.

Students with disabilities requesting accommodations: Please follow the procedures outlined at http://disabilityservices.rutgers.edu/request.html.

Ethics/Academic Integrity: Read the Rutgers academic integrity policy at http://academicintegrity.rutgers.edu. Violations include cheating, fabrication, plagiarism, denying others access to information or material, and facilitating violations of academic integrity.

You are responsible for knowing what plagiarism is. For tips about how to consult sources without plagiarizing, and how to take notes so that you don't plagiarize by accident, see http://www.libraries.rutgers.edu/avoid_plagiarism.

In addition, the Rutgers Copyright Policy assigns ownership of pedagogical materials developed by instructors to those instructors (https://policies.rutgers.edu/view-policies/governance-legal-matters-–-section50#3).

Students do not have the legal right to post course materials on websites without the written authorization of the instructor. Doing so without authorization could violate the University Academic Integrity Policy and subject the student to disciplinary action.

Schedule of Topics and Readings

(Any changes or amendments will be announced in class and on Canvas in advance)

Week 1- Introduction to Anthropology of Psychology

Thursday, September 7th-

- Schultz, Colin 2013 Are Optical Illusions Cultural? Smithsonian Magazine. https://www.smithsonianmag.com/smart-news/are-optical-illusions-cultural-6633978/, accessed September 2, 2023.
- The strange absence of things in the "culture" of the DSM

Week 2- Cultural Variation in Perception and Cognition

Monday, September 11th-

- Holleman, Mirjam 2020 Introducing a Novel Approach to the Cross-Cultural Measurement of Stigma versus Social Integration Using Methods from the Field of Cognitive Anthropology. Journal for the Theory of Social Behaviour 50(4): 534–552.
- Bennardo, Giovanni 2014 Cognitive Anthropology's Contributions to Cognitive Science: A Cultural Human Mind, a Methodological Trajectory, and Ethnography. Topics in Cognitive Science 6(1): 138–140.

Thursday, September 14th-

- Clifford Geertz. 1983 [1974]. "From the Native's Point of View: On the Nature of Anthropological Understanding," 55-70. In Local Knowledge: Further Essays in Interpretive Anthropology. New York: Basic Books.

Week 3- Cultural Constructs of the Self
Monday, September 18th-

- Steven Collins. "What are Buddhists doing when they deny the self?" In *Religion and Practical Reason*, eds. Frank Reynolds and David Tracey, 59-86. Albany: State University of New York.
- McHugh, Ernestine. 1989. "Concepts of the Person among the Gurungs of Nepal," *American Ethnologist* 16 (1): 75-86

Thursday, September 21st -

- Mel Spiro. 2003. "Is the Western Concept of Self 'Peculiar' within the Context of the World Cultures." *Ethos* 21 (2): 107-153.
- Mitchell, S. A. 1991. "Contemporary perspectives on self: Toward an integration. *Psychoanalytic Dialogues* 1: 121-147.

Week 4- Emotion Across Cultures
Monday, September 25th-

- Leavitt, John 1996 Meaning and Feeling in the Anthropology of Emotions. American Ethnologist 23(3): 514–539.
- Beatty, Andrew. 2014 Anthropology and Emotion: Anthropology and Emotion. Journal of the Royal Anthropological Institute 20(3): 545–563.

Thursday, September 28th -

- Lutz, Catherine, and Geoffrey M. White 1986 The Anthropology of Emotions. Annual Review of Anthropology 15. Annual Reviews: 405–436.

Week 5- Communication and Language
Monday, October 2nd-

- Imai, Mutsumi, Junko Kanero, and Takahiko Masuda2016 The Relation between Language, Culture, and Thought. Current Opinion in Psychology 8: 70–77.
- Lucy, John A. 1998 Space in Language and Thought: Commentary and Discussion. Ethos 26(1). [American Anthropological Association, Wiley]: 105–111.

Thursday, October 5th-

- Fajar Julianto, Gregah, and Melly Ridaryanthi 2023 Intercultural Interaction and Communication at the Chinatown Marketplace, Petak Sembilan, Indonesia. E-Bangi Journal of Social Science and Humanities 20(2).

Week 6-
Monday, October 9th- Study and final paper prep

Thursday, October 12th- In Class Mid-term

Week 7- Mental Health and Well-being pt1
Monday, October 16th-

- Whitley, Rob. 2014. Beyond Critique: Rethinking Roles for the Anthropology of Mental Health. Culture, Medicine, and Psychiatry 38(3): 499–511.
- Jenkins, Janis H 2015. *Introduction*. Extraordinary Conditions: Culture and Experience in Mental Illness. Univ of California Press

Thursday, October 19th-

- Singh, I., Filipe, A.M., Bard, I. et al. Globalization and Cognitive Enhancement: Emerging Social and Ethical Challenges for ADHD Clinicians. Curr Psychiatry Rep 15, 385 (2013). https://doi-org.proxy.libraries.rutgers.edu/10.1007/s11920-013-0385-0
- Bergey, Meredith 2017 Global Perspectives on ADHD. Johns Hopkins University Press. https://muse.jhu.edu/book/56717, accessed September 6, 2023.

Week 8- Mental Health and Well-being pt2
Monday, October 23rd-

- Luhrmann, Tanya Marie 2013 Making God Real and Making God Good: Some Mechanisms through Which Prayer May Contribute to Healing. Transcultural Psychiatry 50(5). SAGE Publications Ltd: 707–725.
- Dein, Simon L. 2013. Religion and Mental Health: The Contribution of Anthropology. World Psychiatry 12(1): 34–35.

Thursday, October 26th-

- Leibing, Annette, and Lawrence Cohen, eds. 2006 *Introduction*. Thinking About Dementia: Culture, Loss, and the Anthropology of Senility. Rutgers University Press.
- Patel, Vikram 2011 Traditional Healers for Mental Health Care in Africa. Global Health Action 4(1): 7956.

Week 9- Cross Cultural perspectives of Addiction
Monday, October 30th-

- Garcia, Angela 2008 The Elegiac: History, Chronicity, and the Melancholic Subject. Cultural Anthropology 23(4): 718–746.

Thursday, November 2nd-

- Bourgois, Philippe, Alexis Martinez, Alex Kral, et al. 2006 Reinterpreting Ethnic Patterns among White and African American Men Who Inject Heroin: A Social Science of Medicine Approach. Steve Koester, ed. PLoS Medicine 3(10): e452.
- Carr, E. Summerson 2010 Scripting Addiction: The Politics of Therapeutic Talk and American Sobriety. Princeton: Princeton University Press.

Week 10- Gender and Sexuality Across Cultures
Monday, November 6th-

- Besnier, Susan Brownell, Niko 2013 Gender and Sexuality. *In* The Handbook of Sociocultural Anthropology. Routledge.

Thursday, November 9th-

- Akiko S. Scandalous equivocation: a note on the politics of queer self-naming. Inter-Asia cultural studies. 2007;8(4):503-516. doi:10.1080/14649370701567963
- Diamond, Michael J. 2006. "Masculinity Unraveled: The Roots of Male Gender Identity and the Shifting of Male Ego Ideals Throughout Life." *J. Amer. Psychoanal. Assn.* 54: 1099-1130

Week 11- Capitalism, Development, and Globalization

Monday, November 13th –

- Documentary Film: "Joe Leahy's Neighbours," 1989 (90 min.), directed by Robin Anderson and Rob Connolly. Watching in class

Thursday, November 16th –

- Ferenzci, Sandor. (1914) 1952. "The Ontogenesis of the interest in money," *First Contributions to Psycho-analysis,* 319-331. London. Hogarth Press.
- Melluish, Steve 2014 Globalization, Culture and Psychology. International Review of Psychiatry 26(5): 538–543.

Week 12- The Self and Reorganized Kinship

Monday, November 20th-

- Rachel Aviv. "Where is your mother? A Custody Fight in California", *The New Yorker*, December 2, 2013. Pp. 52-61.
- Janet Malcolm. 2011. "Iphigenia in Forest Hills: Anatomy of a Murder Trial," *The New Yorker*, May 3, 2010, Pp. 34-63.

"Thursday" November 21st- Really a Tuesday with Thursday classes!

- Thomas Ogden. 2009. "Reading Loewald: Oedipus Reconceived." In *Rediscovering Psychoanalysis: Thinking and Dreaming, Learning and Forgetting*. New York: Routledge, 114-132.

Week 13th- Rituals, Beliefs, and Behavior

Monday, November 27th- Guest Lecture from our very own Becca DeCamp
Osterhoudt, Sarah R. Community Conservation and the (Mis)appropriation of Taboo

Thursday, November 30th-

- Gilbert Herdt. 2004. "Sambian Women's Positionality and Men's Ritual." In *Women as Unseen Characters: Male Ritual in Papua New Guinea*. Ed. Pascal Bonnemere. Philadelphia: University of Pennsylvania Press, 16-33.
- Van Leeuwen, Neil, Kara Weisman, and Tanya Marie Luhrmann 2021 To Believe Is Not to Think: A Cross-Cultural Finding. Open Mind 5: 91–99.

- Ranganathan S. Rethinking “Efficacy”: Ritual Healing and Trance in the Mahanubhav Shrines in India. Culture, medicine and psychiatry. 2015;39(3):361-379. doi:10.1007/s11013-014-9421-8
- Legare CH, Nielsen M. 2020 Ritual explained: interdisciplinary answers to Tinbergen's four questions. Philos Trans R Soc Lond B Biol Sci.

Week 14- Cultural Variations in Socialization

Monday, December 4th-

- Jeremiah, Otieno, Bernard Karanja, and Michael Okuku. 2021 Primary Socialization on the Formation of Child Behaviors in Kenya: Systematic Review. *In* Pp. 317–337.
- Shin, Jaran 2019 Ways of Living in the Context of Globalization: How South Korean Minority Adolescents Construct Their Identities. New Directions for Child and Adolescent Development

Thursday, December 7th-

- Nguyen, Jacqueline, and Gail M. Ferguson. 2019A Global Cypher: The Role of Hip Hop in Cultural Identity Construction and Navigation for Southeast Asian American Youth. New Directions for Child and Adolescent Development 2019(164): 99–115.
- Thomas AJ, Blackmon SM. The Influence of the Trayvon Martin Shooting on Racial Socialization Practices of African American Parents. Journal of black psychology. 2015;41(1):75-89. doi:10.1177/0095798414563610

Week 15-

Monday, December 11th- Last day of class

- No Readings for today! Come to class prepared to discuss conclusions and reflections from the semester and final paper progress.